

Information Sheet – Boys Health

I. ASSIGNMENTS:

Assignments are posted on the whiteboard every day of the week. ***The students are encouraged to copy the Success Criteria and homework in a planner.*** The assignments in the planner will contain all information concerning the work for the day. You may also access assignments and resources on Health Schoology page.

II. HOMEWORK:

Homework is very rarely given in Health, usually if a student has not completed the assignment in class. Homework usually consists of completing an assignment designed to provide background information or reinforcement of concepts covered in class. **HOMEWORK ASSIGNMENTS ARE DUE IN THE BASKET BEFORE THE TARDY BELL.**

III. HEALTH JOURNAL – SINGLE SUBJECT NOTEBOOK:

Students will maintain and use a journal to complete their tasks. These tasks will consist of quick-writes, bell ringer activities and other lessons. Students are engaged in these activities several days each week and this work is completed in the student's health journal. When using the journal there are several guidelines to follow:

1. Work in the journal will be a **MAJOR GRADE** when checked periodically.
2. Therefore, make sure that everything is organized & labeled clearly including Table of Contents.

IV. OTHER SUPPLIES: BINDER/FOLDER, PAPER, UTENSILS.

Students will be required to maintain a binder or folder for Health. This can be done inside a larger binder used for all classes. A portion of the material covered in Health will be provided to the students in the form of handouts or worksheets. Without keeping their instructional handouts, the student will not have all needed reference materials to take home and study. Students will also need to bring writing utensils because I do not loan out pens/pencils. Donations are welcome for colored pencils, tissue and hand sanitizer that will be used by the class.

V. “BELL RINGER”:

Students are given specific tasks to be completed “**Bell Ringer**” at the beginning of each class. These tasks may include such things as turning in homework, begin working on assignment/worksheet, getting out one's health journal and completing the writing prompt, etc. The tasks for each day are clearly listed on the board and are identified by **Large Bells**. Students will be held accountable for having these simple tasks completed before the tardy bell.

VI. GRADES:

The average for each term will be determined from the following types of grades:

DAILY GRADES - 50 %

Activity worksheets
Quizzes

Workbook
Classwork

MAJOR GRADES - 50 %

Tests
Health Journal

Projects

VII. HEALTH TOPICS: (Not in the order covered)

- You & Your Health
- Physical Activity & Fitness
- Nutrition
- First Aid and CPR
- Tobacco
- Drugs and Alcohol
- Diseases
- Human Growth and Development
- Abstinence – Choosing the Best Path
- Consequences unit with the Ft. Bend County Sheriff's Department
- *** Various speakers throughout the year

VIII. CONTACT INFORMATION:

EMAIL: Donnie.Walls@fortbendisd.gov

PHONE – (281) 329-5500

CONFERENCES - Conferences can be arranged by email or leaving a message for me to return. Please know that my conference period is 1st period, which is usually from 8:55am - 9:45am. You will be asked to sign in at the front office and let the school receptionist know you are here. She will let me know you have arrived.

Student Name (PRINTED): _____ Class Period: _____

Health Information Sheet - Acknowledgment

My student and I have read and reviewed the Information Sheet for Health. We are both aware of the following points discussed in the Information Sheet:

- Class assignments are posted each day
- Homework, if given, is due in the basket before the tardy bell to class.
- Students must maintain a folder or binder to hold their instructional worksheets, handouts, graded work.
- Students must bring in a notebook for their journal.
- Activities, such as quick writes, bell ringers, etc. will be completed in the Health Journal.

The journal is a major grade.

- Students are expected to complete the “**Bell Ringer**” tasks prior to the tardy bell.
- Daily grades are 50% and Major grades are 50 % of a student’s average.
- Participation in drunk driving activities (fun but very informative)

PARENT CONTACT INFORMATION:

Name (Print Please) _____

Phone _____

Email _____

IX. PARENTAL APPROVAL NEEDED FOR: Drunk Driving Glasses

There is an activity for students to participate using our drunken driving glasses. Please indicate with a check mark below, if you are giving your son/daughter permission to do the activity, as well as your signature. These glasses are used to show impairment of vision (blurred) and loss of balance while participating in certain activities that include walking a line, a course and catching different sized balls.

_____ Yes, I give my son/daughter, _____ permission to participate in the activities.

_____ No, I do not give my son/daughter, _____ permission to participate in the activities.

Parent Signature: _____

Student Signature: _____